

Programs Offered:

Riding Lessons

Students can partake in one on one riding lessons, taught by a team of two professionals. One being a lifelong horse instructor and the other being a Bachelors or Masters level clinician in the field of psychology. Through this pairing of the two professions, students will be able to learn how to safely and effectively ride a horse, while being supported by a trained professional in the special needs community. Cost per 60 minute session: \$55

Horse & Barn Care

At Taking Strides we understand that riding a horse can cause some students fear and anxiety, though students may still enjoy being near and tending to the horses. Through our barn and horse care program, students will learn how to care for horses and do barn chores. They may also partake in ground lessons, where they learn to work with and build trust with the horses while unmounted.

Cost per 60 minute session: \$20

Volunteer Opportunities

Taking Strides needs volunteers to continue to run and provide services! We work with volunteers of all ages and abilities at our farm.

Who We Are

About Us

Taking Strides teaches our students not only to ride horses, but how to care for them and their homes at the barn. Through these lessons we are able to foster a sense of responsibility that can be carried over to all aspects of our students' lives.

Taking Strides is open to students of all abilities and ages.

Contact Us

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ENRICHING THE LIVES OF THOSE WITH SPECIAL NEEDS BY FOSTERING INDEPENDENCE, CONFIDENCE, COMPANIONSHIP AND RESPONSIBILITY THROUGH HORSE CARE .

Taking Strides Inc., 501c3